



Vermont Recreation & Parks Association

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#### **VRPA Newsletter**

The VRPA Advocate is published three times a year by the Vermont Recreation and Parks Association. Contributions to the newsletter are welcome, including commentary on subjects of interest to Vermont's recreation professionals and volunteers.

Editor: Jessica Brodie

#### Next issue submission deadline:

May 13, 2022

Send to: Jessica@vrpa.org or by mail to:

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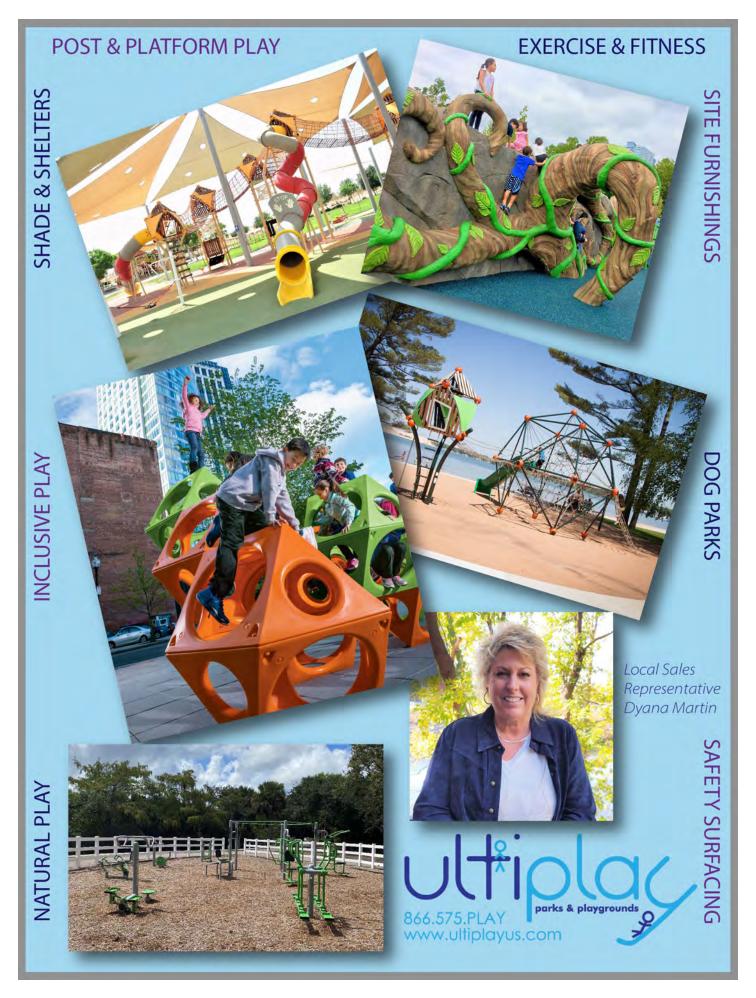


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I want to take a moment to introduce myself as your new VRPA president! I'm currently the Chief of Park Operations with Vermont State Parks, where I've worked for the last 11 years. I've been in my current role for a year and was previously the Parks Regional Manager in the Northwest part of the state for ten years. I started my career in this profession with the City of Burlington, Department of Parks, Recreation and Waterfront back in 1997, where I worked seasonally on the parks side of the house for 9 years. I also managed two large privately owned campgrounds, one on the Chesapeake Bay in Virginia, and another in the seacoast region of New Hampshire. I live in Richmond with my wife and our two teenage kids. I'm a retired runner (too many injuries) and born-again swimmer and absolutely love the smell of chlorine in the morning! In three years, I'll qualify to participate in the Vermont Senior Games where I intend to compete among the best seniors in the state. Can't wait!

I don't know how all of you feel, but I couldn't be more grateful for the return of summer, warm temperatures, increased sunlight, and the bounty of the Vermont landscape at this time of year. Right now, despite rising Covid infections, things feel relatively normal. In the last two weeks, I've attended two indoor concerts at Camels Hump Middle School and an 8th grade graduation night. That being said, I personally know more people who have had Covid in the last month than at any other time during the pandemic. We're living with this weird virus and persisting in this new version of "normal."

What does the new normal mean for you and the communities you serve? Are you finding enough employees to fill your ranks? Are you covering two or three positions at once? Whatever the impacts are to your departments, your business, or to you personally, I can assure you our work has never been more needed or important. The news in our country as of late has been sad and horrifying. And though we cannot expect our profession to save the world, we know robust recreational opportunities and outdoor spaces helps our neighborhoods and community members, one-by-one. And that adds up. Please know that while you are there for your communities, VRPA is here for you.

For VRPA to continue being here for you, we need active participation among our membership. We have the amazing opportunity and an incredible challenge of connecting with, supporting and educating the next generation of Vermont recreation and park professionals. Participating in the annual conference, quarterly meetings, or other VRPA sponsored events like Summerama, the Vermont Maintenance Workshop, or Certified Playground Safety Inspection courses, among other offerings is important!

There's no better way to refine your planning skills than to join a VRPA planning committee. Have a great idea for VRPA to consider? Let us know. The pandemic has taken a toll on VRPA's finances and participation in our professional development opportunities is currently lower than we would like. My challenge to all of you is to simply get more involved. Bring a new colleague to the conference this year to not only advance their professional development and growth, but to network with professionals from all over the state. If you are a director or leader, send your employees to events! If there's something VRPA can do better, let us know! VRPA's continued success and support of our profession is dependent on all of you. So, join in on the fun and get involved!

Cheers to a great summer and all the important work you all do! You are all superheroes! ■

Rob Peterson CPRP **VRPA** President



#### Together we can make a difference

I hope everyone has been able to get out and enjoy our beautiful state so far this summer. I encourage everyone to take an adventure to a new park, experience a new program or event, or just take a quiet walk in the woods to get some much needed 'you time'. Parks and Recreation month is a chance to celebrate all things Parks & Recreation, including YOU – the professionals that make things happen!

I thought a lot about what to write for this Newsletter and honestly had trouble finding the words to express some of my recent thoughts. I found myself doing a lot of reflecting about all that has been happening in the world lately. I think about the challenging few years we have just lived through with the pandemic, the continued uncertainties of our economy, violence, and world affairs. I know it is tiring, stressful, and feels like one thing after another keeps trying to knock us down. You are not alone. BUT – I do believe that our Parks & Recreation sector has the ability to help fix some of what we see wrong. Through each and every one of us, we can start to build positive change in our communities from the ground up.

Parks & Recreation professionals (YOU!) have the ability to touch every person, babies through seniors, through the programs you offer, facilities you build, and events that you run. By doing what you do — bring our communities together — you are providing meaningful work that will make a difference in many people's lives. I know we will not see any immediate changes or even see the "thank you's", but I do believe that together we can make a difference. I know you are short staffed, busier than ever, and quite honestly — burnt out sometimes — but please know you are doing great things!

As Parks & Recreation Month carries on, we need to continue to celebrate all we have accomplished, overcome, provided, and make aware the important work that we do. Use Parks & Recreation month as a chance to remind your communities and your staff just how important and essential your programs and parks are to your local and state communities. Share your stories, pictures, and articles however you can and get out there and celebrate – you deserve it!

As you journey through this summer's programs and events be sure to stay structured enough for success but remain flexible enough for fun and creativity. The work you are doing to reunite communities and people is more important than ever, so give yourself some grace this year with things still being a little different and welcome new changes. Also, be sure to share your on-going challenges as well. The VRPA is here to support you

in the ways needed – from finding new funding opportunities, advocating for your needs, and providing new trainings. Let us know what your continued challenges and needs are we will be sure to work hard to help you with those this year.

In the months ahead, the VRPA is excited to see you all again at upcoming trainings and events. As you will notice in this newsletter, registration is now open for our annual conference on recreation taking place October 12th & 13th at Lake Morey Resort. We are so excited to see you all again in person and hope you will join us!

The executive committee is also meeting again soon for our annual retreat to discuss the association as a whole and develop the 2022-23 calendar of trainings and meetings. We have learned a lot this past year just like all of you, and hope to continue to deliver quality trainings, meetings, resources, and networking opportunities in the format that most makes sense. We learned that some virtual meeting options were really helpful and resulted in higher participation, so we will continue some virtual offerings in the future as well as in person.

As I reflect personally on the past few months, I am forever grateful for all the amazing parks and programs I have been able to take my kids to. I am thankful for their teachers, their coaches, and all the community volunteers that have help bring our communities to life. I feel so lucky to live in Vermont more than ever!

In May, VRPA started it's new fiscal year and I want to thank all of you that have continued to be members of VRPA and supported the association in various ways. To all of our commercial members and vendors that joined us again at our annual conference, to those that have sponsored and advertised with us, and to all those that have volunteered time to support our efforts. Your involvement and support is truly appreciate, thank you!

I would like to thank all our new members that have joined VRPA, and an extra big thank you to those that have volunteered so much of their time on our various committees to help plan all these wonderful events for everyone. It is amazing to see all the talented and hard working professionals come together to do great things – keep up the amazing work everyone and I look forward to seeing you all soon!

Sincerely,

Jessica Brodie

Executive Director



Vermont Senior Games athletes as a group registered a phenomenally successful performance at the 2022 National Senior Games in Fort Lauderdale, Florida. The games ran from May 10 – 23, with 71 representatives of the Green Mountain State participating. This event had been postponed from 2021 due to COVID.

From that number, Vermont managed to capture 20 National Championship gold medals, earning top honors in track and field, triathlon, tennis, cycling, and pickleball events. VSG athletes added ten silver medals and nine bronze.

National Senior Games athletes are also honored with ribbons for placing 4th – 8th in their events. Vermont Seniors captured 33 such ribbons.

Flo Meiler of Shelburne led the way for the Vermont Seniors, as usual, winning five gold medals, four silvers, and a bronze in track and field among 85-89-year-olds.

Donna Smyers from Adamant took home three golds, two in cycling and one in triathlon, and a bronze. Donna would have likely won a fourth medal if not misdirected by a race official during her other cycling event.

East Montpelier's Margaret Gibson McCoy and Helga Immerfall of South Burlington were Vermont's other athletes earning multiple gold medals, Gibson McCoy in track and field jumping events, and Immerfall in tennis.

A list of all the Vermont medalists can be found below.

launched its 2022 state games schedule with the 10K run and track and field in June. A full list of events, and reports on the activities at Nationals can be found on our new website, same address here. The updates from Nationals can be found under

the calendar in the

"Posts" section. ■



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FLO MEILER I Shelburne, 5, Track & Field: High Jump; 100 Meter Dash; Pole Vault; Hammer Throw; Triple Jump, Ages 85-89

DONNA SMYERS I Adamant, 3: Triathlon; Cycling: 5K Time Trial & 10K Time Trial. Ages 65-69

MARGARET MCCOY | East Montpelier, 2, Track & Field: Long Jump & Triple Jump. Ages 60-64

**HELGA IMMERFALL I** South Burlington, 2, Tennis: Singles & Women's Doubles, Ages 65-69

MARK MULDER I Burlington, Triathlon, Ages 60-64

**JEFF SCHUMANN I** Salisbury, Triathlon, Ages 65-69

JEANNE HULSEN & KRISTEN HARTLEY | South Burlington, Pickleball: Women's Doubles 4.0, Ages 60-64

**GURUDHARM KHALSA I** Dummerston, Pickleball: Men's Singles 3.5,

**BILL ROMAND I** Colchester, Tennis: Men's Doubles, Ages 75-79 **DEBORAH LARKIN I** North Pownal, Tennis: Women's Doubles

JOHN TASHIRO I South Burlington, Tennis: Men's Singles, Ages 50-54

FLO MEILER I 4, Track & Field: Long Jump; Discus; 50 Meter Dash; Shot

LEE ANN BANKS I Jericho, 2, Swimming: 50 Yard Backstroke & 200 Yard Backstroke, Ages 60-64

BRIAN CONCHIERI I Essex, Cycling, 2: 20K & 40K Road Races, Ages

SANDRA WALL I Rochester, Track & Field: Long Jump, Ages 65-69 VICTORIA LUKSCH I Middlebury, Tennis: Mixed Doubles, Ages 50-54

PAM SILLS I Underhill, Triathlon, Ages 65-69

JIM FLINT I West Rutland, 10K Road Race, Ages 60-64

**BRIAN CONCHIER! I** 2, Cycling: 5K Time Trial & 10K Time Trial

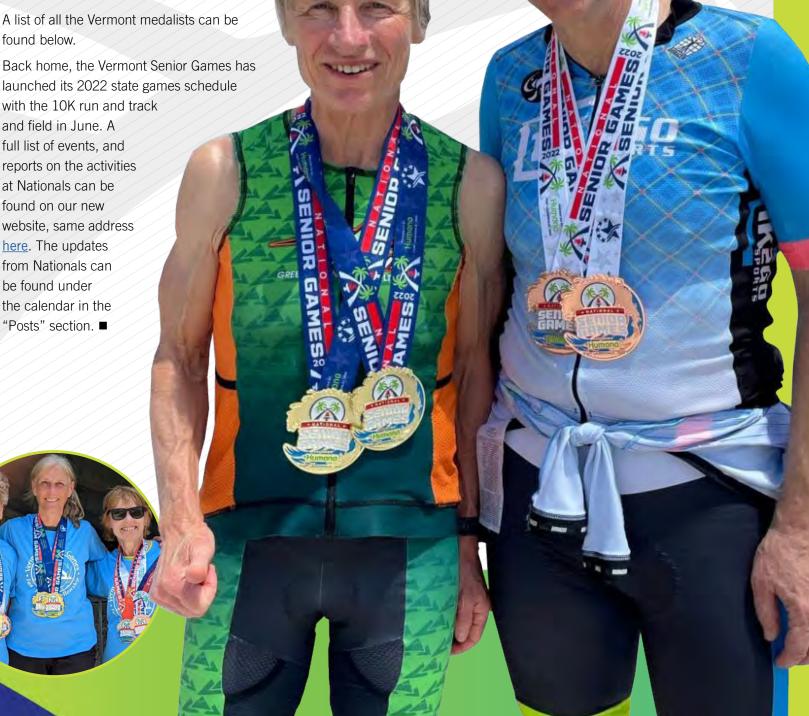
PATTY SACCO | Reading, Cycling: 10K Time Trial, Ages 60-64

**LEE ANN BANKS I** Swimming: 100 Yard Individual Medley

**DONNA SMYERS I** Cycling: 40K Road Race

FLO MEILER | Track & Field: Javelin

SANDRA WALL I Track & Field: Triple Jump











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## BEHIND THE SCENES MRV Recreation Hub VOREC Grant

# Planning for the

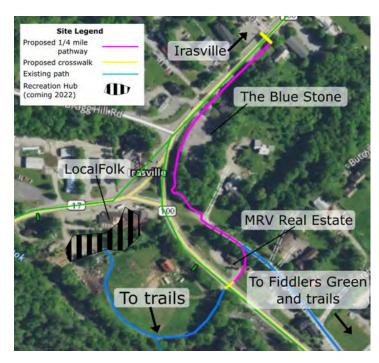
The Mad River Valley Recreation District was awarded \$408,019—the largest grant statewide in this year's VOREC grant program. With 103 applicants and more than five million in the VOREC fund the Mad River Valley Recreation District stood ready to help manage and submit a grant for the Mad River Valley Recreation Hub. We started early and worked with six partners to talk about big ideas that could transform the Valley's economy and recreation opportunities. The MRV Recreation Hub became a clear choice-an ambitious project that is really five smaller projects rolled into a cohesive framework around the theme: Explore, Connect, Protect.

#### The Recreation Hub

The Recreation Hub will be sited at the building known as the Local Folk Smokehouse, at the intersection of Route 100 and 17, where a new four-season recreationally focused Visitors Center will be operated by the Mad River Valley Chamber of Commerce. It will include information for visitors, displays from project partners, trail information, and bathrooms. This central location will direct pedestrians, bicyclists and other visitors to local businesses, encourage locals to get outside, and increase community participation in recreation. The grounds behind the building will offer parking, port-o-lets and a trailhead accessing a new pedestrian/bike bridge across the Mill Brook, a tributary to the Mad River. The bridge, the largest single cost in the grant, will connect to the Mad River Riders' existing network of trails on private and public land that goes behind Lareau Farm, home of American Flatbread, and up to Sugarbush Ski Resort. Two Route 100 crossings and a quarter-mile road-side path into Waitsfield will ensure accessible and safe access between downtown and the Rec Hub.

At early group meetings we realized some of our partners had long standing large projects on their dream lists, but that funding was holding them back. When we realized these projects were close in proximity and that the Chamber wanted to combine its office with a recreation-oriented space, like Randolph did a few years ago, we decided to go big.

These partnerships didn't happen overnight. Recreation is very important to the Mad River Valley community. Many locals live here for the access to trails for hiking, biking or skiing. Others love to hunt, fish or go birding. Visitors come from around the world to enjoy skiing in the winter, or hiking, biking or swimming in the summer, all the while enjoying our small town community feel. In 2010 the MRV Trails Collaborative was formed to coordinate the efforts of the Valley's five towns and many non-profits to manage our watershed area. Numerous partners, including trail groups, town conservation commissions, state and federal land



managers, local businesses and environmental organizations, started to meet regularly to identify new ways to sustain a high quality trail network which contributes to the social and economic vitality of the community and stewards our natural resources and heritage. The Trails Collaborative identified the MRV Unified Trailhead Kiosk Project as the best first step for realizing community recreation goals, including greater awareness of local trails and connectivity. The Kiosk Project now includes nearly 50 trailhead kiosks that brand the Mad River Valley and provide site-specific information as well as the general rules for trail usage. The Kiosk project also included a waterproof Mad River Valley Trail Map, now in its second edition and an updated digital map through Trail Finder.

More recently, a subset of Trails Collaborative members is spearheading steward MRV: a dedicated collaboration to create an ethos of stewardship across the Mad River Valley. Whether it's at a trailhead, by the river, on a backroad, or in someone's backyard, there are ways for each of us to be a steward in the community. StewardMRV is now in its second year with volunteer sitestewards in 22 locations and three towns helping to fund port-olets and trash disposal. A committee on dog etiquette is meeting to test new ideas to address dog waste on trails and keeping dogs leashed. To sum it up, the Trails Collaborative is an umbrella under which many important recreation oriented projects get addressed once a community need is identified.

In the spring of 2021 we decided to pursue funding through a large VOREC grant and began meeting every other week to fine tune our vision of the Recreation Hub. Various responsibilities



#### **Specific Initiatives:**

(Lead by various partners)

Mad River Riders - permitting and building the pedestrian/bicycle bridge over the Mill Brook, port-olets and trail enhancements on nearly trail links

Mad River Path - two Route 100 crossings, permitting and building a new road-side trail to connect to downtown

Friends of the Mad River - bringing partners together with the broader community in a visioning process to ensure future initiatives reflect the Valley's dual interests in high quality outdoor recreation experiences and an intact natural environment; creating tools that build a stewardship ethos among community members and visitors as part of the StewardMRV Initiative; restoring the riparian buffer; and weaving stormwater and river best practices into all project aspects, riparian restoration

MRV Planning District - permitting and planning for parking behind the visitor's center

MRV Chamber - permitting, buildout and signage for the indoor visitor's center, help with parking

Town of Waitsfield - permit and regulation assistance

Mad River Valley Recreation District - administration of the VOREC grant including reimbursements, communications and planning

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#### **Facility Feature**

"This is a two year project with much work ahead, but we are thrilled to bring the Mad River Valley Recreation Hub to our community. We thank the many landowners who are making this project possible by providing easements. Our group of experienced Executive Directors takes the success of this project very seriously and the Mad River Valley Recreation District is pleased to be spearheading the initiative." -Laura Arnesen, MRVRD Ex. Director

and research were delegated and partners began getting bids, meeting with land owners and looking at the details involved in their part of the project. Meetings are via Zoom, at the same time every other Tuesday, have an agenda and minutes. Communications are an important part of this project. We made sure to get multiple articles with maps into the Valley Reporter, our local newspaper, as well as posting public forum opportunities (November 2021 and May 2022) on Front Porch

Forum. Minutes from the team meetings are posted on the MRVRD website under the resource library and there is a full page dedicated to the Rec Hub.

The Mad River Valley Recreation Hub will celebrate the Valley's incredible recreation assets and engage people in caring for the health of the landscape. By focusing on exploring, connecting, and protecting, this project takes important next steps in creating a 'gold-standard' recreational network for the Valley - one

that capitalizes on outdoor recreation assets that contribute to our local economy while sustaining and enhancing the ecological integrity of the watershed. Specific environmentally focused components include erosion control, stormwater management and an enhanced riparian buffer at the Recreation Hub, as well as the development of educational strategies involving the community and its visitors in enhanced environmental stewardship and recreational planning.





The project also supports broader community engagement in a valley-wide collaborative process to create and map a shared vision of our 'gold standard' recreational network. The process will involve the community and its visitors in the development of strategies to enhance environmental stewardship. The project will also support the continuing effort to plan and provide for important trail links from Irasville to Bridge Street in Waitsfield village, so that all members of the community can safely connect from sidewalks and village paths to the trail networks in the mountains.

We believe we got this grant because the project closely addressed all five VOREC pillars.

#### How each project component addressed each pillar:

- 1. Grow businesses The central village location will entice trail users to start and finish adventures in the village center where they will shop and eat at local restaurants.
- 2. Increase participation The bridge, visitor center, signs and maps, restrooms, and trails for all abilities will make it easy for a wider variety of people to get outside on the trails.
- 3. Strengthen outdoor recreation resources – The Hub greatly improves the quality of our trail system by improving access to it and providing additional parking.
- 4. Increase stewardship and environmental quality - The MRV

- envisions a recreation network that sustains ecological integrity and celebrates an ethic of environmental stewardship through great trail and infrastructure design, community engagement, and education.
- 5. Promote the health benefits of outdoor recreation - The Hub's visitor center will encourage healthy outdoor activities including biking, hiking, skiing, and swimming. ■

#### Questions? Contact:

Laura Arnesen | MRVRD Ex. Director laura@mrvrd.org | Website



GREEN MOUNTAIN CLUB, VERMONT FORESTS PARKS & REC,
AND PARTNERS GET WORK UNDERWAY FOR

## BURROWS TRAIL

rebuild project

Thanks to a massive \$460,000 investment (so far), the Green Mountain Club, FPR, and other partners are breaking ground on a top-to-bottom rebuild of the Burrows Trail, a popular hiking trail that starts in Huntington, Vermont and winds 2.1 miles up the slope of Camel's Hump, where it intersects with the Long Trail before reaching the summit.

The Burrows Trail was built more than 100 years ago, when hikers didn't think about the environmental impacts of cutting hiking trails. It largely follows the "fall line" of the mountain. Today, when rain falls, it runs downhill along the trail, essentially turning it into a streambed and washing away a lot of the soil on the trail. That, combined with thousands of hikers and dogs who use the trail each year, has resulted in a heavily eroded and widened footpath in dire need of some TLC.

This approach – a three-year, \$750,000

investment — is relatively unprecedented in the Vermont trail maintenance world. Typically, crews spend a few weeks at a time on particularly damaged stretches of trail, but rarely do we invest the time and resources into a major rebuild. But GMC Director of Field Programs Keegan Tierney, and FPR Forest Recreation Specialist Kathryn Wrigley, say it's necessary if we want the trail to hold up against its two biggest threats: increased foot traffic from hikers, and increased erosion from intense rain events that are becoming more common due to climate change.

FPR has identified more than 300 individual sites along the 2.1-mile trail that crews will upgrade, including installing stone staircases and checksteps and rebuilding failed waterbars (a stone structure that directs water to drain off the side of the hill, not directly down the

trail). Justin Towers has been hired to coordinate the project, which includes crew time from the GMC Long Trail Patrol, Vermont State Trail Crew, Vermont Youth Conservation Corps, Northwoods Stewardship Center, and National Civilian Conservation Corps. There will also be opportunities for targeted volunteer work on the trail.

GMC crews hit the trail on Friday June 10 as part of their ongoing training, and work has already commenced.

The Burrows Trail will remain open while work occurs, though hikers may be asked to pause momentarily while crews complete a step. It's a great opportunity for the hiking public to get a glimpse of the grueling, skilled, and time-consuming work it takes trail crews to maintain a sturdy yet still rugged wilderness experience here in Vermont.

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#### FRIDAY, JUNE 17TH

**Program Spotlight** 

100 people who will be working in a Vermont camp setting this summer participated in Summerama on Friday, June 17th. What a great day it was! A VERY BIG THANK YOU to Kim Peters & her staff for sharing the Rutland Community Center with us...what a great location for Summerama! It is an honor to be able to offer this full-day training to the wonderful young people who will be running our camps this summer. All in attendance got up early on a Friday morning to drive to Rutland and I would say that this was a very



A BIG SHOUT OUT again this week to the Summerama Committee and Committee Chair Extraordinaire, Jazmin Averbuck from the Girl Scouts of the Green & White Mountains. Jaz has been excited to lead this training in person for the past two years after pandemic related virtual courses. She did a great job and all benefited from her

committee chair efforts – thanks Jaz!

A huge shout out to all our speakers including VRPA members, Kirsten Santor (Burlington), Tricia Pawlik (VT Afterschool), Kelli Millick (Stowe), Jazmin Averbuck (Girl Scouts of the Green & White Mtns.), Lee Barrett (St. Albans), Joe Fox (St. Johnsbury), and Todd Goodwin (Williston) – their willingness to take time from their own staff training weeks to make this professional commitment is another good example of how our VRPA members make it possible to accomplish all that we do.

### THERE IS ALWAYS NEXT YEAR!

If you haven't brought your staff to Summerama before, you should think about it next year. With a VRPA member registration fee of \$27 (\$20 if you register 10 or more), most people agree that this is a tremendous value for their training dollars. With concurrent sessions all day long, the committee is very mindful to include topics of relevance to all experience levels and interests.

Thank you to everyone who attended and brought their staff to this year's Summerama!



## T VERMONT MAINTENANCE T WORKSHOP







Just as predicted, the sun began years, a special thank you to shining five minutes before the start of the recent Vermont Maintenance Workshop at the MiddXQXlebury Recreation Center. There to actively participate in the day were over 60 workshop participants, 15 vendors/commercial partners, and 15 speakers and roundtable facilitators. Thank you to all who attended - it was so great to host this event again after a 2 year pause from the pandemic.

A VERY BIG SHOUT OUT to Scott Bourne, Dustin Hunt, and Middlebury Parks & Recreation for so fully welcoming us to the Middlebury Recreation Center. It was a perfect way to show off this facility to more of Vermont's parks and recreation professionals.

This year's vendors went above and beyond to bring equipment to the event so that participants could get onto machines, drive them, and see them in action. We realize that this takes extra effort on their parts and on behalf of the participants who have been asking for this for

all our commercial partners who made the decision to be vendors, THANK YOU!

This year's Maintenance Workshop Committee - Scott Hausler - Chair (Hartford), Evan Steele (Pioneer Athletics), Conrad Zeller & Tyler Dahlin (Rutland), James Reed (VT FPR), Rick Hedding (VT FPR), Colin Drury (NEPA President) - did a great job choosing the session topics and finding exceptional speakers to deliver the information.

Thank you to everyone involved and to everyone who attended and/or sent your staff! There is never a perfect time of year for park staff to take a day away from their parks and we'd like to acknowledge the folks who made the commitment to take the day to connect with folks doing similar work and learn new skills and knowledge on a variety of topics. If you have any suggestions or feedback to help make next year's event even better, please let us know!











## LETTER FROM THE CONFERENCE COMMITTEE CHAIR Diana Martin

Dear Vermont Parks & Recreation Community,

Thank you for joining us this year at the 79th Annual Conference on Recreation. This conference is a special opportunity to come together to celebrate the successes of another busy summer season and engage in learning opportunities that bring us new inspiration for the future. Together we renew our sense of purpose to serve our communities better.

After many creative ideas and deliberation, the conference committee agreed on this year's theme: Resilience. Excellence. Community. AKA R.E.C. The theme recognizes the key aspects of our profession that guide us on our collective mission.

The 2021-22 season was another year of uncertainty due to the ongoing effects of the Coronavirus pandemic, perhaps we had to deal with budget constraints on top of that, leaving us to wonder if the shifts we're seeing are going to last or continue to evolve. But thanks to our supportive state and communities, the parks & rec community continues to be resilient.

We deliver the highest standards of recreation programs and park experiences because of our passion and expertise. This conference is one of the many professional opportunities VRPA brings for continuous improvement and education for our field to support public health and wellness.

As parks and recreation professionals, we serve the people of our communities and state From out-of-state visitors, to first-time youth sports participants, to under-served families in our towns. What we do every day, creates places and experiences that make Vermont one of the best places to live in this country.

The awards ceremony on Thursday our chance to recognize our own colleagues that go above and beyond their roles. We get to honor their efforts and roles as leaders in our profession, and learn from them and our esteemed conference speakers.

Thanks to the dedicated conference committee, who in addition to their busy workloads, spent a lot of time and effort to put together another outstanding conference featuring speakers from national stage and right here in VT. They've organized two days of education and inspiration at beautiful Lake Morey. There's also lots of opportunity to socialize with fellow professionals and engage with knowledgeable vendors that support the work we do.

We absolutely couldn't do this without the sponsors too! Their commitment to the Vermont Recreation & Parks Association allows us to organize an excellent event and keep our organization strong.

Please take a look through our brochure for details about the learning sessions, awards recognition and inspiring speakers. We hope to see you soon!

We need your talents! If you'd like to participate in the planning process or help at the conference itself, the planning committee can always use more volunteers. Contact Diana Wood, Conference Chair at <a href="mailto:dmwood@burlingtonvt.gov">dmwood@burlingtonvt.gov</a> if you'd like to find out more. We are grateful for your continued support, involvement, and the amazing things you are doing for your communities! ■

**VRPA Conference Committee, Diana Wood, Chair** 

**VRPA Executive Director, Jessica Brodie** 

## KEYNOTE phil gaines

#### Awards & Recognitions

The Fred Brinkman Award, presented by the South Carolina Travel and Tourism Coalition is presented periodically to an individual who has consistently, over a long period of time, made an outstanding contribution to the tourism industry on a statewide level in South Carolina.

The American Academy for Park & Recreation Administration **Legend Award** for outstanding and noteworthy contributions to parks, recreation, and conservation in the United States.

The historic CCC Lodge at Table Rock State Park was designated and named The Gaines Lodge at Table Rock in 2019.

Distinguished Service Award for national leadership for America's State Parks from the National Association of State Park Directors.

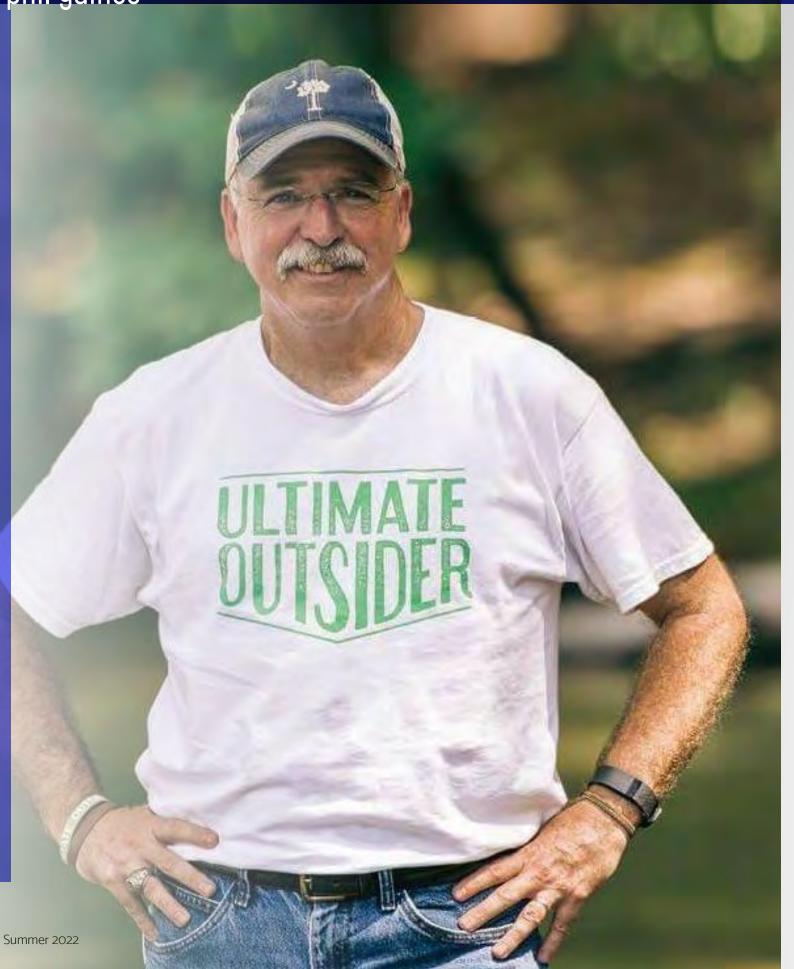
The George B. Hartzog **Environmental Awards** and the Walter Cox Award for Public Service and Leadership in Natural Resources, from Clemson University.

South Carolina's Forever Green Public Servant of the Year (2019).

#### Service

Palmetto Conservation Foundation and the Palmetto Trail. Board of Directors

Upper Palmetto YMCA Camp Cherokee, Board of Directors.



#### **Phil Gaines**

Professor of Practice, Clemson University

Phil Gaines is a Professor of Practice in the Parks Recreation and Tourism Management Department at Clemson University. Phil completed a 38-year career in State Parks in 2018, where he began his career as an entry level Park Ranger at Kings Mountain State Park. He served as Park Superintendent at three different state parks, and Assistant Director of State Parks, before serving as Director of South Carolina State Parks for 13 years. Phil has also served on the Board of Directors for the National Association of State Park Directors, and the National Association of State Outdoor Recreation Liaison Officers. He has severed as Past Chairman of the Board of Regents for the America's State Park Leadership School in Wheeling West Virginia where he was an instructor for 13 years. Phil is a frequent presenter at various State and National Conferences in the US and Canada where he focuses on leadership, and innovative approaches to park management. Phil is a contributing writer for Southern Edge Magazine, and a contributor and cohost of The Park Leaders Podcast.

## BRUNGRARDT AWARDS

Nominations are now being accepted for the Annual Theresa S. Brungardt Awards that will be awarded at the Annual Vermont Conference on Recreation at Lake Morey Resort.



#### **AWARD CATEGORIES**

In any year, the Theresa S. Brungardt Award may be given in one, two, three, or none of the categories described below, depending on the number of nominations and whether or not the nominations meet the expected standards.

#### **PROFESSIONAL**

Full-time leader, supervisor, administrator, manager, educator, planner, researcher, designer, or consultant who has made outstanding contributions to the recreation and/or park field. The candidate must have at least ten years' professional experience, three years serving in Vermont; and have made a contribution to the field over a period of time and not just a single occurrence. The area of contribution may include the following: leadership, job performance, education, research, innovative programming, public relations, or other area not defined.

#### FRIEND OF RECREATION

A layman, board member, community or state leader, public official, or volunteer who has made outstanding, contributions to the recreation and/or park field. The individual must have demonstrated a continuing interest in some phase of recreation and/or park service, and exhibited a full measure of leadership in some project or area of service.

The service must have been rendered over a period of at least two years.

#### **COMMUNITY ORGANIZATION OR AGENCY**

A commercial, professional, private, governmental, or nonprofit organization or agency that has made outstanding contributions to the recreation and/or park field. The contributions may be for an outstanding program that has made a unique impact on its participants, a distinctive indoor or outdoor facility notable for its architectural character or functional use, outstanding interpretation of recreation and parks, or similar achievement.



Theresa S. Brungardt was a pioneer and outstanding leader of parks and recreation in Vermont. She began her career in 1917 when she joined the staff of the National Recreation Association during World War 1. She was Vermont's first state Director of Recreation, having

been appointed by Governor Wills in 1943. She traveled tirelessly throughout Vermont to help communities with their recreation programs. Many of the community recreation departments today could trace their origins back to technical assistance and inspiration provided by Mrs. Brungardt. She was nationally recognized for her expertise and in 1952 was elected the first female president of the American Recreation Society. Her involvement continued after her retirement in 1964 when she was an active member of the Citizens Board Member Branch of NRPA. She was inducted into the NRPA Hall of Fame in 1997.









#### **EXHIBITORS & SPONSORS**

Thank you to all of the exhibitors that have already registered for our 79th Annual Conference taking place this October. We are so excited to see you all again in person and thank you for your continued involvement and support!

For a complete listing of exhibitors attending so far, as well as event sponsors, please <u>Click Here</u> to view the Conference Attendee brochure. Registration is still open for exhibitors, so be sure to <u>register now</u> to secure your space in the Exhibit Hall!

We recognize that without you, our vendors, we would not be able to sustain the valuable work of VRPA. To that point, we decided on the theme "R.E.C. - Resilience. Excellence. Community." to highlight what Recreation brings to community. Your partnership is a tangible part of that reality!

Thank you for your continued support & involvement. See you in October!

#### **SILENT AUCTION**

The VRPA will be holding its annual Silent Auction, themed 'Vermont's Finest' at the State Conference again this fall. The auction showcases premiere Vermont products, retailers, attractions, lodging, restaurants, adventures, skiing, golf, publications, and more. This year's conference will continue to have the auction online, allowing more people to bid on items both in person and from afar before & during the conference. Get those bidding war tactics ready!

The silent auction has grown to be a highlight of the conference. Proceeds from the auction help provide conference scholarships for students and educational opportunities for members.

If you would like to consider donating an item to the Vermont's Finest Silent Auction please contact <u>Joanne Putzier</u> so that we can help support and promote your business and/or product!

NEW VRPA MEMBER BENEFITS

## Discounts & Savings

Six Flags & Great Escape are no longer offering their Discount Ticket fundraising program. This program used to be used as a fundraiser for the VRPA. Since we used to be working partners with them, we have been able to get all VRPA members enrolled in "Working Advantage" benefits. These benefits are available to all VRPA members, and not only get you discount tickets to amusement parks, but also to savings on products, services, and experiences nationwide.

#### SIGN-UP TODAY!

- Click the button below
- Click the "Become a Member" button
- Use our company code: VRPA

Help the VRPA by encouraging your community members to become "friend" members of the VRPA for \$25 and they can get access to these savings as well!

You will find amazing deals on brands and products you love! Once registered, you can take advantage of all the great savings:

- Theme parks
- Hotels and rental cars
- Attractions, shows, sporting events, & concerts
- Health & wellness
- Work from home essentials
- Streaming services: Disney+, Dhowtime & more
- Sam's club memberships over 40% off
- Education & enrichment: language learning, audiobooks & more
- Home office: electronics, laptops & more
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- Food & wine
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- Financial services
- Pet supplies
- And so much more!

**Become a Member** 



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# PARKS RECREATION

All you have to do to qualify is donate a minimum of \$25 to the VRPA before July 21st!

We will draw raffle winnters from our list of **VRPA** donors on Friday, July 22nd

DONATE HERE!



NRPA'S PARK AND RECREATION MONTH

Each year in July, Parks & Recreation month is celebrated across the country. The promotion and theme each year are led by the National Recreation & Park Association, which is comprised of thousands of parks & recreation professionals in every state.

This year, "We Rise Up for Parks and Recreation" and all the professionals who build strong, healthy and resilient communities through the power of parks and recreation. This July, we are bringing attention to how important it is to support our field, because every day, park and recreation professionals rise up for their communities in service of equity, climate-readiness, and overall health and well-being.

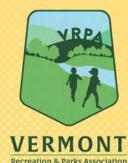
There's no better way to celebrate Park and Recreation Month than by highlighting the people who faithfully serve their communities all year long.

To celebrate & continue to help serve the Parks & Recreation professionals statewide, the VRPA has teamed up with several agencies & businesses to offer a **new VRPA fundraising raffle** drawing that will take place on Friday, July 22nd.

The VRPA is a 501c3 organization & all donations are tax deductible







WE RISE UP FOR RESILIENCE

WE RISE UP FOR

## PHYSICAL HEALTH

## MENTAL WELL-BEING

ACCESS TO PLAY

WE RISE UP FOR

## **CUR COMMUNITY**











# ST. JOHNSBURY ACADEMY

his year's meet will take place at St Johnsbury Academy on Saturday, July 23rd and is unlike any of the mini-meets held throughout the summer. Athletes aged 7-14 on December 31, 2022 are eligible to participate in the meet this year unless they will be a high school freshman in the 2022-2023 school year.

Over 300 athletes from around the state will converge upon St Johnsbury for the day. Thanks to 802 Timing for their electronic timing services and to Blue Cross Blue Shield of VT for providing each participant with a colorful t-shirt. The atmosphere at this meet is incredibly supportive and inclusive, and the excitement level runs high as each athlete participates in up to 4 events and possibly on a relay team too.

Teams set up a tent village behind the grandstands to catch some shade, mingle with other participants and rest between events. There's a snack bar with delicious offerings benefiting the St Johnsbury Recreation Department and the St Johnsbury Kiwanis swimming pool.

What may look like organized chaos to the untrained eye is actually an amazingly well-oiled

production thanks to the mighty efforts of Jaime Ryan and an amazing core group of volunteers from St Johnsbury Academy. This event is a wonderful culmination to the track and field season.

Support the VRPA & the State Track & Field meet by attending as a volunteer, or register a team next year in 2023! ■



# Annual Meeting

The 2022 VRPA Annual Meeting was held May 11th, 2022 at the Robert Miller Community Center in Burlington, Vermont. Thanks again to our host, Burlington Parks, Recreation, & Waterfront for welcoming us into your space for this year's annual meeting! After two years of virtual annual meetings, it was so great to see everyone again in person.

Chris Tudor, USA Pickleball Ambassador, and Chris Young of Disc Golf Vermont joined us for two different sessions this year. Chris Tudor gave an overview of the rules of pickleball, potential programming for P&R agencies, and even gave hands-on instruction to learn the game. Chris Young gave an overview of Disc Golf, covering disc golf types, shot selection, rules, techniques, league play, tournaments, and instructed everyone through the disc golf course outside. Both sessions were so much fun, and we appreciate Chris & Chris for coming out to share their knowledge!

Thank you very much to everyone who came to the Annual Meeting and to everyone who contributed to the success of the meeting! For those of you who were not there, the Annual Report is included in this issue of the newsletter. ■

#### HIGHLIGHTS

- The FY2021-22 VRPA budget finished with a negative net balance of \$24,127.11 due to the expected and delayed effects from lost programming and courses during the pandemic. \$5,000 was transferred from our reserved funds this year to support cash flow.
- The FY2022-23 VRPA budget was approved
- 3 new Certified Parks & Recreation Professionals (CPRPs) were recognized: Harlan Smith – Essex Junction, Matthew Smith – Essex Junction, & Haidi Arias - Randolph

#### 5-year membership awards were presented to:

#### 5 Year

 Holly Rees, Kelli Millick, Meredith McFarland, & Patrick Ivory

#### 10 Yea

Dustin Hunt & Joe Calano

#### 15 Year

· Melissa Cate & April Cioffi

#### **VRPA Annual Awards**

The VRPA Annual Awards were also held as part of the 2022 Annual Meeting.

Presented were the following awards:

#### **FACILITY OF MERIT AWARD**

This year's Facilities of Merit Awards were given to:

- Murphy's Annex Vermont Adaptive Sports Facility Vermont Adaptive Ski & Sports, Kim Jackson, Jeff Alexander, & Lexi Moore
- Barre Recreation Department Pool Barre Recreation
   Department, Stephanie Quaranta
- Elizabeth's Park Pavilion Bradford Parks & Recreation,
- Mount Philo State Park Vermont Forests, Parks & Recreation, Reuben Allen
- Rutland Community Center Rutland Recreation & Parks Department, Kim Peters
- 6. All the facilities were recognized at the VRPA annual meeting, with Murphy's Annex Vermont Adaptive Sports Facility being ranked the highest by the awards committee this year. Congratulations to all the facility of merit submission department's this year, as we know how much work goes into these projects.



#### Murphy's Annex Vermont Adaptive Sports Facility

Mad River Valley, VT 05673

Vermont Adaptive has been bursting at the seams in the existing 400 sq. ft. space in the Mt. Ellen base lodge for nearly 20 years. This new 4,000 sq. ft. adaptive sports facility will improve

the quality and experience of our programs and events for all of our participants, families, volunteers, staff, guests, and community in the Greater Mad River Valley. Vermont Adaptive's Second Flagship Permanent Home, a four-season adaptive sports facility in Vermont, will allow us to serve more people, more often, and in more places in Central Vermont. A New Home for Every BODY at Sugarbush's Mt. Ellen. Room to Breathe. More Adventures. Serving More Athletes Year-Round.

This Project supports everyBODY. It will support adaptive athletes, veterans and volunteers. It will also diversify the Resort's offerings and provide accessibility to an iconic Base Lodge. Local schools and organizations that work with children and adults with diverse abilities will benefit from this new facility.

This project will serve both Adaptive Sports participants and the general public in the Mad River Valley. Access for varied age groups will enable all people to flow through the base lodge equally. The addition of an elevator is a big improvement to the Valley experience. With this expansion, residents and tourists will now have a year-round facility that is accessible to everyone, regardless of ability. This only enhances the Mad River Valley's recreational opportunities to include everybody.

The facility contains a Sensory Room, which will be of great value to children and adults on the spectrum. Getting ready to ski is a hectic process and now these participants will have a peaceful area to prepare to play. This room is double insulated and sound proof. it contains a fish tank and is space themed. The facility incorporates an elevator making the aged Mt. Ellen Base Lodge accessible. It also contains Family rooms for Families to get ready to play together and a dog room for Guide dogs.



#### **UNSUNG HERO AWARD**

Brian Spears
Highgate Recreation

Brian Spears has been involved with Highgate Recreation from the age of 14 holding numerous

positions on boards and commissions as well as serving in many capacities as a part time employee. Records show him beginning his work as a 'Park Employee' in 1970 at the age of 14 (maybe 15) and has held some sort of position or board seat ever since. He traveled with local Selectman Hyacinthe Beaulieu to obtain the first ice surfacing machine in the mid 1970's and, without experience, worked to create the first sheet of ice in the newly built Arena facility. In 1978, Brian became a member of the town's first 'Highgate Recreation Commission', a volunteer position involving many hours of ice maintenance (winter) and many more hours working the facilities grounds (Spring/Summer) tending to baseball field maintenance. lawn mowing and anything else that needed focused hard work. Brian continues his work with the recreation department as a part time Zamboni operator, clocking in hours on the ice resurfacing machine as well as helping build, maintain, and remove the ice each season. "Ice In" in Highgate involves hours/days/weeks prepping and laying water layers until the ice is thick enough to support play. "Ice Out" is another hours/day's operation involving scraping and scooping the ice off the arena surface and onto a waiting pickup truck. The time in between is spent continually edging, measuring, "Zamboniing", and generally taking care of the ice so it's at its playable best for our three home (high school) hockey teams, local amateur hockey association and multiple other groups that use the facility each day in the fall/winter. Brian does it all, staying until the work is complete, and staying longer

to ensure things are just right.

Since his start as a 'Park Employee' in 1970, Brian has clocked thousands of hours maintaining baseball fields, mowing/raking town parks and lawns, and maintaining the arena facility and ice surface. Only until recently, the last ten years or so, Brian did this work voluntarily and without pay. He always arrives early to start his work and stays well after things are shut down to ensure Highgate parks and facilities were well taken care of

There is no doubt that Highgate Parks and Recreation Department, the Highgate Recreation Commission, and the facilities of the town of Highgate (Arena, fields, and parks) would not be where they are today if not for Brians dedication and service to the community. Brian works hard and cares deeply for the Highgate community and has done so since 1970.



#### YOUNG PROFESSIONAL AWARD

#### Tyler Dahl

Director of Park, Grounds and Facilities Rutland Recreation & Parks Department

As a seasonal employee Tyler started at the bottom of the barrel. Mowing and Trimming were his primary duties. After only 1 season with the

department he was asked to take over the "Trim Crew" in the summer of 2004. Tyler ran this crew until 2007 when he was asked to be part of the construction crew that would build Giorgetti arena. I gained tons of construction knowledge during this build. Concrete work, building, welding, steel work, etc. When Tyler returned in the spring of 2008 he still mowed and trimmed but was mainly tasked to work as the Foreman's assistant. Tyler gained lots of knowledge in this role for many years.

Tyler was hired full time in the fall of 2011 after 8 years of seasonal employment with the City. Tropical storm Irene had just devastated Vermont and Tyler played a key role in the complete recovery and rebuild of Giorgetti field area, and Meadow St Park. The next spring the maintenance staff would do all of the work to recover MSJ's field space attached to Meadow St. Park. At this point Tyler had already completed my CPSI (Certified Playground Safety Inspector) Certification. I continued to assist the Foreman during the Spring, Summer, and Fall. During the winter Tyler worked 2nd shift at Giorgetti arena and did most of the snow plowing for the Rec. Also during this time we were in the process of replacing Old play structures with new or used ones that we removed from locations that did not want them anymore.

After going through all of the step process as a Maintenance 1 Tyler achieved a Maintenance 2 title in the fall of 2014. Tyler still worked with the Foreman daily, mowed and trimmed a bit, and filled in as needed throughout the Maintenance Department. At this point during the winter Tyler was doing all of the plowing and was now working at the shop in the winter learning the Mechanic trade from Bob Peterson, Maintenance Director.

Head Foreman position opened up in the Fall of 2016 just before the winter rink season. Tyler was qualified for the Head Foreman, and because of his qualifications and experience he was named Foreman for the Recreation Department The position entailed leading all of the construction projects and the crews. In addition to writing bids and did all of the estimates for in-house projects. Over all of the years Tyler continued to keep my CPSI certification along with getting my CPO (Certified Pool Operator) certification.

Tyler was promoted and took over as the Maintenance and Park Director Last summer with almost 20 years of experience. The position had changed so much over the past years with adding facilities and green space made Tyler a great fit.







The annual VRPA Membership Directory is available to all current members in electronic and hard-copy format.



Access to VRPA library.



Opportunities to meet other people who work and volunteer in parks and recreation.



Access to certification, awards, grant information, technical assistance, and many other resources.

For more information, visit vrpa.org

#### **BENEFITS OF** MEMBERSHIP IN THE **VERMONT RECREATION** AND PARK ASSOCIATION

The members of the Vermont Recreation and Parks Association meet four times a year: in March and December for Quarterly Meetings which include a 0.1CEU Education Program, for the Annual Meeting each May, and in the Fall for the state recreation conference known as the Annual Vermont Conference on Recreation. All current members receive notice of these meetings either via mail or email. These are all great opportunities to network with parks and recreation colleagues from throughout the state.

The VRPA newsletter, The Advocate, is published three times each year in the Winter, Spring, & Fall. All current members receive an electronic copy and is posted on the VRPA website.

Nearly every Friday, the **weekly** *Recreation* **Check-In** is sent to all current members via email. This provides up-to-date information about VRPA news, current issues in parks and recreation, funding and grant opportunities, employment opportunities, and an opportunity to ask questions of other VRPA members and get help with your issues and challenges. Many members consider this to be the most significant benefit of being a VRPA member.

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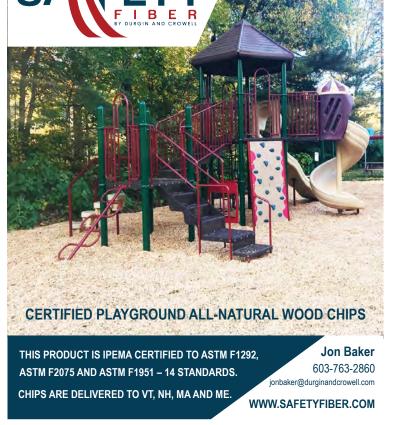
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MAIL			
CLASSIFICATION (See next page for cla	assification description	s)	
☐ Agency (check one)	No. of Persons	Membership Fee	
O 1-4 staff	INO. OF FEISONS	\$305	
O 5-10 staff	<del></del>	\$420	
O 11+ staff		\$540	
☐ Individual Professional	1	\$90	
□ Board/Commission*		\$125	
☐ Commercial (check one)**		¥120	
O 1 staff only	1	\$205	
O 2-5 staff	<u> </u>	\$305	
☐ Non-Profit Organization (1-4 staff)	1-4	\$150	
☐ Student ☐ Friend ☐ Retiree (check one)	1	\$25	
☐ Honorary Life	1	Complimentary	
	ink from VRPA website)		
☐ Check enclosed ☐ Payment being mailed	☐ Total amount due \$_		
		and the state of t	
New memberships received in the months of Nov, I	Dec and Jan are half price. N	ew memberships received in the last three	e months of

#### MEMBERSHIP INVOLVEMENT

Would you like to become more involved with VRPA? Listed below are the various VRPA committees. Please check if you are interested and someone will contact you. Thank you for

■ Membership	☐ Newsletter	☐ Performance Showcase
□ Summerama	☐ Executive Committee	☐ Track & Field
■ Awards	☐ Maintenance Workshop	☐ State Conference
■ Northern NE Conference	☐ Other ways you'd like to help:	

Is there a VRPA member who influenced your decision to join?\_

Are you a member of NRPA? ☐ No ☐ Yes, who?\_

#### IF YOU HAVEN'T ALREADY RENEWED YOUR 2022-2023 VRPA MEMBERSHIP, IT IS TIME. IF YOU HAVE ALREADY RENEWED, THANK YOU!

Online: vrpa.org | Mail: send printed application to VRPA, P.O. Box 33, Brownsville, VT 05037 Questions? Call the VRPA office at 802-878-2077

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Vermont Recreation & Parks Association

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